

POOL SCHEDULE Summer 2009

Effective June 29, 2009- Schedule Subject to change

LAP POOL

MON	TUES	WED	THURS	FRI	SAT	SUN
Lap Swim 5:45-8:55am	Lap Swim 5:45-8:55am	Lap Swim 5:45-8:55am	Lap Swim 5:45-8:55am	Lap Swim 5:45-8:55am	Lap Swim 7:00-12pm	
Deep End Aquacise 9-10:00am	Deep End Aquacise 9-10:00am	Deep End Aquacise 9-10:00am	Deep End Aquacise 9-10:00am	Deep End Aquacise 9-10:00am		
Lessons 10-12:15pm	Lessons 10-12:15pm	Lessons 10-12:15pm	Lessons 10-12:15pm			
LAP SWIM WITH 1 LAP LANE 11:00-12:15				Lap Swim 11-1:30pm		
Lap Swim 12:15-1:30pm	Lap Swim 12:15-1:30pm	Lap Swim 12:15-1:30pm	Lap Swim 12:15-1:30pm			
Lessons 3:30-5:05	Lessons 3:30-7:35pm	Lessons 3:30-5:05	Lessons 3:30-7:35pm	Lap Swim 5:05-6:25pm		
Lap Swim 5:05-6:25pm		Lap Swim 5:05-6:25pm		Lap Swim 5:05-6:25pm		
Aqua Combo 6:30-7:30pm		Aqua Combo 6:30-7:30pm				
Lap Swim/ Fun Swim 7:30-8:30pm	Lap Swim 7:30-8:30pm	Lap Swim/ Fun Swim 7:30-8:30pm	Adult Swim w/2 lap lane 7:35-8:30pm			

AQUATICS CENTER

MON	TUES	WED	THURS	FRI	SAT	SUN
Shallow Aquacise 9-10am	Water Walking 9-10am	Shallow Aquacise 9-10am		Shallow Aquacise 9-10am		
Lessons 10-12:15pm	Lessons 10-12:15pm	Day Care 10:15-11:15 Lessons 10-12:15pm	Lessons 10-12:15pm	Day Care 10:15-11:15 Lessons 10-12:15pm		
Fun Swim w/slide & floatables 12:30-6pm	Fun Swim w/slide & floatables 12:30-4:10pm	Fun Swim w/slide & floatables 12:30-6pm	Fun Swim w/slide & floatables 12:30-4:10pm	Fun Swim w/slide & floatables 12:30-3:30pm		
	Lessons 4:20-7:30pm		Lessons 4:20-7:30pm	Fun Swim w/slide & floatables 12:30-6:30p		

*YMCA is closed July 4th